

Cheshire East Safeguarding Adults Board Newsletter



April 2025

Welcome to the Cheshire East Safeguarding Adults Board Newsletter. We hope that you find this newsletter a useful tool, and that it helps to keep you up to date with some of the local and national issues in relation to safeguarding adults at risk of abuse and neglect.

Please do not hesitate to contact CESAB with any queries or information you would like to submit to be used in future newsletters. You can find contact details at the end of the newsletter.

In this newsletter.....

1. What we've been doing...



The CESAB welcomed partners and board members to a Development Session in January where we recognised achievements, discussed SAB strategy and identified priorities for 2025/26.

The CESAB also held a PML in January focusing on Adult Safeguarding & Carers. This was a valuable workshop, giving those who attended an opportunity to identify and discuss any issues within this topic.

We would like to thank everyone who attended the Development Session and PML.

2. Updates and Resources

Useful Podcasts, articles and blogs for Professionals.

[Ann Craft Trust Safeguarding Matters Podcasts](#)

[39 Essex Chambers – Everyone’s Business](#)

[ADASS blog](#)

[Episode 8 Assisted – Safeguarding Women in Assisted Dying](#). Prof Jane Monckton-Smith talks about the Assisted Death Bill alongside coercive control and financial abuse.

- [Police warning over WhatsApp account takeover scam – BBC News](#)
- [Child Exploitation and cuckooing to be criminal offences – BBC News](#)
- [Autistic woman wrongly locked up in a mental health hospital for 45 years – BBC News](#)
- [Hoarding: 'I was sleeping in a bed covered in boxes' - BBC News](#)

3. Courier Fraud

Please be aware that there has been a recent increase in Courier Fraud in Cheshire East.

Courier Fraud - What is it?

Courier fraud occurs when a fraudster contacts a victim by telephone purporting to be a police officer or bank official. The fraudster may provide some basic personal information or request the victim to contact their bank or local police station. They will then either pass an incorrect number, or stay on the line whilst a legitimate number is dialled.

Fraudsters may then use similar stories as:

- Bank employees are under investigation but the police need more evidence.
- Money has been removed from the victims bank account and staff at the local branch are responsible.

Victims are then asked to co-operate in an investigation by attending their bank/building society/post office and make a large withdrawal which will then get handed over to a courier for examination who will also be a fraudster.

At the time of handover, unsuspecting victims are promised that the money will be reimbursed but in reality the victim never hears from the fraudsters again.

Protect yourself

- Your bank and police will never call to verify personal details or PIN by phone, or offer to pick up your card by courier. Hang up if you get a call like this.
- If you need to call your bank to check following a phone call, use another phoneline or leave it 5 minutes before dialling; fraudsters may stay on the line after the call.

-Your debit and credit cards are yours - don't let a stranger take it off you.

Please see attached poster and contact police if you believe you are a victim of courier fraud.



4. Carers

The Local Government Association has a briefing on carers and safeguarding. The document presents useful case examples and raises important topics and questions for all safeguarding professionals - [Carers and safeguarding: a briefing for people who work with carers | Local Government Association](#)

Short films by Carers UK & British Gas

[Mental Health Matters](#) Share that you Care

[Juggling Time & Work](#) Share that you Care

[Isolation and Loneliness](#) Share that you Care

[Two Sides of The Story](#) Share that you Care

5. CESAB Website



The Hoarding Support Group have given permission for us to share some of their stories on our website. On the [Service User page](#) you can find links where you can listen to recordings including a poem sharing experiences of being a hoarder.

6. Abuse of Older People

The charity Hourglass have highlighted a number of cases in the national news recently regarding the abuse of older people and have shared the following reports.

[Landmark study reveals worrying lack of awareness around abuse of older people | Hourglass](#)

[Where Do We Draw the Line? Perceptions of Abuse of Older Adults and Their Association With Ageism | The Journals of Gerontology: Series B | Oxford Academic](#)

7. Free webinar from Vesta

Vesta's report on suicides, domestic abuse and homelessness among the Polish community in Cheshire East. Webinar on Tuesday April 29th 10.30am-11.30am via Zoom.

Presenting the findings of the [research project](#) carried out by Vesta SFS CIC on suicides in the largest minoritised group in Cheshire East and how it overlaps with domestic abuse and homelessness.

What will you learn during the free session?

- Risks related to suicides, homicides and domestic abuse in the Polish community in the UK
- What we know of domestic abuse, suicides, severe mental health illnesses and homelessness in Cheshire East
- What we recommend as next steps for the local authority to address the needs of Polish citizens at risk of suicide, homicide, domestic abuse and homelessness.

The project was completed in collaboration with the Whole Housing Approach (WHA) pilot run by Cheshire East Council and Standing Together Against Domestic Abuse. We will also discuss the WHA's innovative approach to improving access to safe and stable housing for domestic abuse survivors.

Speakers:

- Ewa Wilcock, Managing Director and Founder of Vesta - Specialist Family Support CIC
- Emma Storey, Director of Housing at Standing Together Against Domestic Abuse


[Register here](#)

The Whole Housing Approach Team presents

Large in numbers, invisible to services

Vesta's report on suicides, domestic abuse and homelessness among the Polish community in Cheshire East



 Tue 29th April 10:30 - 11:30am

 Free

Register Now!

To submit news items or for further information contact:

lsab@cheshireeast.gov.uk

www.stopadultabuse.org