



## Domestic Abuse

Carers / individuals with caring responsibilities & those living with Dementia

Domestic abuse includes physical, emotional and sexual abuse in couple relationships or between family members. Domestic abuse can happen against anyone.

Anybody, including carers\*, can be a victim of domestic abuse

*\*Unsure as to whether you are a carer? An unpaid carer is described as someone who provides their time and support, without payment, to family or friends who couldn't manage without help*

People may have the idea that domestic abuse affects younger people or women with young children, and that it doesn't really affect people over 65 – this is incorrect, **it can happen to anyone, male or female**, this includes individuals such as **carers and those living with dementia**.

If domestic abuse is **happening in your life** or if you **see something**, are **told something** or something **doesn't feel right** you need to **report it**.

**If you are a carer for a partner or family member and are feeling afraid or being hurt this may be domestic abuse.**

**If you are being cared for by a partner or family member who makes you feel afraid or hurts you there is help.**

**Please ring Cheshire East Domestic Abuse Hub at any time on 0300 123 5101  
(Always ring 999 if in immediate danger)**

Carers, and those living with Dementia, may not recognise or want to report incidents of Domestic Abuse but help and support is available.

[www.openthedoorcheshire.org.uk](http://www.openthedoorcheshire.org.uk)

email - [cedah@cheshireeast.gov.uk](mailto:cedah@cheshireeast.gov.uk)

