**Staff Information**

**Personal Protective Equipment (PPE) Guidance for Care Homes**

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| **Question** | **Guidance** |
| What should I wear to walk round the home? | * No PPE required * WASH YOUR HANDS |
| What do I need to do when providing care for someone with COVID-19 symptoms? | * The resident should self-isolate, ideally in a single bedroom with en suite. * Wear an apron, gloves, and fluid-repellent surgical mask for all care involving close personal contact (within 1m) such as washing and toileting, or if cleaning the room in which they are isolating. * Wear eye protection if there is a risk of splashing. * Wear new PPE for each episode of care. * WASH YOUR HANDS |
| How do I dispose of used PPE, cleaning cloths and personal waste (anything soiled with bodily fluids) for a resident with COVID-19 symptoms? | * Store securely in a disposable rubbish bag. * Place this bag into another bag, tie securely and keep separate from other waste within the room. * Put aside for at least 72 hours before disposing of as normal. * WASH YOUR HANDS |
| How should I do laundry for a resident with COVID-19 symptoms? | * Wear an apron and gloves * Do not shake dirty laundry before washing. * Wash items on the hottest setting. * Dirty laundry that has been in contact with an ill person can be washed with other people’s items. * Items heavily soiled with body fluids, such as vomit or diarrhoea, or items that cannot be washed, should be disposed of, with the owner’s consent. * WASH YOUR HANDS |
| What do I need to do when providing care for a resident with no symptoms? | * Wear PPE in line with normal good hygiene practices. * Clean more, with usual household products. * Keep rooms properly ventilated by opening windows whenever safe and appropriate. * WASH YOUR HANDS |